C. SPORTS INFORMATION

1. Tentative Schedule (Duration)

ARRIVALS ARRIVALS	OPENING DAY 0	COMPETITION DAY & CLOSING CEREMONY	DEPARTURES
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2. Services

The Organising Committee shall inform the participating countries through the bulletins and its website about the possibile and potential services and their costs.

Wifi shall be available for all delegations for free. Costs for a laundry services will be provided as soon as possible to assist with budgeting.

3. Sport Regulations (Technical Regulations)

3.1 General Terms

The Cross Country competitions shall be run as a team and individual competition in accordance with the most recent technical rules of the International Association of Athletic Federation (IAAF), unless otherwise stated. In case of disagreement in the interpretation of the rules, the English text shall be regarded as authoritative.

The programme and duration of competitions are fixed by the FISU Executive Committee in agreement with the Organising Committee and the CTI. The competitions shall last one (1) day and include the following events:

Individual races and team classification

Men: a minimum of 9km, a maximum of 11km, approximately 10km **Women:** a minimum of 9km, a maximum of 11km, approximately 10km

Each country may enter a maximum of twenty-one (21) persons: sixteen (16) competitors and five (5) officials.

Each country may enter in the events:

Men's individual event: a maximum of eight (8) competitors per country; no more than six (6)

shall be allowed to start in the race.

Women's individual event: a maximum of eight (8) competitors per country; no more than six (6)

shall be allowed to start in the race.

The deadline for sending the individual entries of athletes shall be fixed between the OC and FISU.

Teams shall receive the final confirmation forms upon arrival and Team Leaders, or their representatives, shall confirm the names of those athletes that are already entered and will actually take part in the competition. The final confirmation of participation shall be made for all events during the accreditation process.

Men's team classification: The first four (4) finishers shall participate in team classification. **Women's team classification:** The first four (4) finishers shall participate in team classification.

Country classification: The first two (2) women and the first two (2) men finishers shall

participate in the country classification.

Before the first General Technical Meeting, the Head of Delegation or his/her representative shall confirm and sign the official list of competitors accredited by the CIC.

Team classification shall be carried out as follows:

- Each race shall be scored separately. The team results shall be decided by the aggregate of places recorded by the scoring athletes of each team.
- b) The team with the lowest aggregate of points will be judged the winner. If a team fails to finish with a complete scoring team, the runners finishing shall be counted as individuals in the race result and be eligible for the individual awards.
- c) In assessing the aggregate, no adjustment to the scoring of the finishing teams shall be made in respect of any non-scoring team runners or of individual entries.
- d) In the event of a tie, it shall be resolved in favour of the team whose last scoring member finishes nearer to first place

3.2 Pre-competition Procedure

Three months before the Championship, the Organising Committee has the right to collect 25% of the total cost of stay per athlete and official from participating countries.

The draw of the start boxes shall be conducted before the first General Technical Meeting by the Race Director under the supervision of the FISU TD.

3.3 Technical Officials

The Organising Committee shall appoint the necessary referees and judges at its own expenses.

4. Equipment

Technical Services to be provided by the OC

Timing

Transponders will be used, inserted in the athletes' bibs, for the official timing (intermediate and finish). Manual back-up timing must be provided and shall be agreed with the Technical Delegate.

Video Recording

It is mandatory that a back-up video recording system be installed on the finish line, to a level approved by the IAAF, to assist in determining the finishing order. It must be made available to the Jury of Appeal in case of a protest.

Video Board

It is recommended that the OC obtain and pay for a video board measuring at least 48m2, placed in view of the Media/VIP stand, for the public showing of the television signal.

Public Address System

A suitable sound system for public address and event presentation purposes must be available at the course.

5. Venues

With the approval of the FISU TD Cross Country, the Organising Committee must provide a suitable Cross Country course, for exclusive use during training and competition. The IAAF regulations must be followed.

TYPE OF VENUE	NUMBER OF	CHANGING ROOM	CHANGING	SPECTATOR	PRESS AND MEDIA
	VENUES	COMPETITORS	ROOM ITO	SEATING	SEATING
Outdoor facility	1	Gender Segregated	-	500	50

^{*} Temporary stands possible

A basic list is as follows:

- Athletes' changing room ideally divided into boxes one for each team;
- Call Room;
- A start area divided into boxes one for each team;
- A Mixed Zone for Media interviews;
- A Post Event Area where athletes are able to recover and collect their clothing;
- A gathering area for the Medal Ceremonies.

6. Training Session

The training session schedule should be drawn up by the FISU Technical Delegate together with the Organising Committee Technical Delegate and provided to the participating teams as early as possible to make the planning as smooth as possible.

7. Competition Programme

The competition programme shall be approved by the FISU Technical Delegate during the inspection visit and published on the website as soon as approved.

